

THE CHECK UP



Team Updates:

We are excited to welcome the following team members who joined Crawford Medical:



Dr Bradford Volk

Dr Brad graduated from medical school in the United States in 2000. In 2022 he practiced for a year at Crawford, where he quickly fell in love with New Zealand's people and culture. He returned permanently in August 2025 to continue his medical career here.

Dr Brad has a special clinical interest in geriatric medicine, women's health, and general practice procedures. Outside of work, he enjoys swimming and playing tennis with his family.



Dr Ayushi Sharma

Dr Ayushi immigrated from Fiji to New Zealand in 2020 and will be joining the Crawford team on 15 October 2025.

Dr Ayushi brings a wealth of experience, having worked across a range of specialties including General Medicine, Surgery, Orthopaedics, and Mental Health within Te Whatu Ora Auckland. With her strong foundation in patient-centred care, we are excited to welcome Ayushi to the team and look forward to the dedication she will bring to our practice and patients.



Dr Andrew Scott Pearson

Dr Scott is originally from the United Kingdom, he completed his BSc at Manchester in 2003, followed by his MBChB at Warwick in 2007. He will be joining the Crawford Team on the 3rd of November 2025. Dr Scott brings a wealth of experience in general practice and has been a Member of the Royal College of General Practitioners since 2012.

Registered Nurses:

Mansi Shah- Joined May 2025

Sian Hurford- Joined May 2025

Health Care Assistants (Overseas trained doctors)

Amna Arshad- Joined June 2025

Luisa Gutierrez Reyna- Joined July 2025

Medical Receptionist:

Vicky Groenewald- Joined August 2025

Acute Walk-in Clinic

You Asked, We Listened!



Extended Hours: We are pleased to announce that our Walk-in Clinic will now be open until 4pm Monday to Friday.

Saturdays: On Saturdays, we will continue to operate from 9am to 12pm and we are excited to share that we have increased the number of practitioners available. There will now be 2–3 clinicians on duty.

Typically, a GP will be available for the Walk-in Clinic on Saturdays, while booked Saturday appointments can be made with NP Ashleigh Fox or NP Pratik Parikh.

Thank you for the feedback Surveys

WE ARE PROUD TO ANNOUNCE THAT OUR PATIENT SATISFACTION RATE WAS ...

93%

We extend our gratitude for your participation in our survey. Your feedback are greatly valued, as this enable us to enhance our services.

Google Reviews



Crawford Medical has achieved a 4.3-star rating, reflecting our commitment to patient care and service.

A huge thank you to all our patients who shared their feedback and left us a review!

Watch this space!



We're excited to share that Crawford is expanding with the addition of two new buildings: Crawford Clinics (Building A) at 31 Mellons Bay Road and Crawford Wellness Centre (Building B) at 2 Picton Street. Alongside this expansion, we're also undergoing a Brand Refresh! This includes updated directional signage across all five of our buildings, a new, easy-to-navigate website, and several other exciting improvements designed to enhance your experience with us.

We can't wait to share these updates with you — stay tuned for the official opening date of Crawford Corner!



new!

Crawford Medical now have a...

You Channel

Crawford Medical now has a YouTube channel! We'll be sharing helpful healthcare tips and informative videos. Subscribe today and stay tuned for our latest updates!

<https://www.youtube.com/@CrawfordMedicalCentre>



Follow us on social media to stay connected!

Crawford Medical will be on East FM Radio each month with health talks from our practitioners. Missed it? Catch up on our YouTube channel to tune in. You can also have a look out for our regular articles in the Times newspaper.



Kiddies

Introducing our 'Keep Kids Happy' initiative! 🎨 crayons and coloring sheets are now available to brighten your little ones' day and keep those smiles going while you wait.



THE
F.I.T
METHOD

We're thrilled to welcome Lauren Ferris, founder of The F.I.T Method to our new Crawford Wellness Centre (Building B) at 2 Picton Street. Through this partnership, Crawford is expanding its focus on holistic health; wellbeing, fitness, and balance. Lauren brings a wealth of experience in fitness and wellbeing, she is offering a variety of classes, private coaching and wellness experiences.

Bookings available on the Mindbody App:
get.mndbdy.ly/uFQQYs4QSWb.

✉ jointhefitmethod@gmail.com

☎ Text 021 322 677

🌐 Website: www.thefitmethod.co.nz



Summer, Swimming & Ear Care



With summer swimming on the way, blocked ears and ear infections become more common. At The Ear Place — a division of Crawford, located within Crawford Specialists (Building D) at 12 Picton Street. We provide specialist ear cleaning, wax removal, ear health assessments, and ear infection management using ENT-grade microscopes, the gold standard for accuracy and safety.

Using advanced microscope technology, we provide the clearest and most reliable view of your ear canal and eardrum, ensuring precision, safety, and comfort at every visit. Our specialist ear nurses, each with over 10 years of ENT experience, deliver gentle, expert care you can trust. If your ears feel blocked after swimming, book a visit with our friendly team, we'll help you keep your ears clear and healthy all summer long. T: 09 538 0133



Breast Cancer



Early Detection Saves Lives

Breast cancer occurs when abnormal cells in the breast grow uncontrollably, forming tumors. If left untreated, these tumors can spread to other parts of the body.

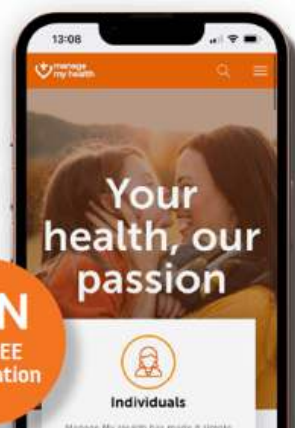
Early detection leads to better outcomes, so it's important to regularly check your breasts and stay on top of your health.

www.breastcancerfoundation.org.nz

You are a winner!

Congratulations to our two recent winners S**** and M**** for winning a **FREE** consultation visit with your Provider.

If you book your appointment on MMH, you will be in the draw to WIN A FREE CONSULTATION with your GP or Nurse Practitioner.



Monday to Friday: 7.30am - 7pm

Saturday: 9am - 12pm

Acute walk-in clinic available

Monday-Friday: 9am-4pm

Saturday: 9am-12pm

(09) 538 0083

info@crawfordmedical.co.nz

4 Picton Street

Howick, Auckland