



ADHD Assessment



A New Step Forward in Adult ADHD Care

Coming soon: Crawford Medical will have limited trained clinicians who will be able to assess, diagnose, and treat ADHD for adults aged 18 years and over.

Because ADHD assessments are complex, appointments will be longer and more in-depth, and will be carried out by practitioners who have completed training.

While these changes come into effect from February as announced, our ADHD assessment service will not be available immediately. We'll share further updates as soon as scheduling is confirmed.

12-Month Prescriptions



From 1 February 2026, some people with stable, long-term health conditions may be able to get a 12 month prescription.

Not everyone will get a 12 month prescription. It will be on a case-by-case basis. Your prescriber will decide what is safe and appropriate for you. You may not be eligible if your condition is unstable and require regular monitoring (e.g. blood tests or BP checks).

There will still be a maximum of three months' supply (six months for oral contraceptives) at a time, as there is now.

Patients will continue to only pay one prescription co-payment per prescription item, when they collect their first supply from the pharmacy. Patients will need to collect their repeats from the same pharmacy. Repeats cannot be transferred between pharmacies.

There is no change to the maximum duration of supply for controlled drugs such as morphine, ADHD stimulant medicines like methylphenidate, benzodiazepines like temazepam, and zopiclone

Your health and safety will always be at the centre of any decision made by your health care team.

WEIGHT Management Clinic

Struggling with weight loss despite your best efforts?

Our Weight Management Clinic provides a supportive, medically guided approach using:

- Saxenda®
- Wegovy®
- Other weight loss medications (if suitable)



✨ A standard consultation fee applies. A **complimentary** Health Coach visit is included.

- ✓ Nutrition & healthy eating advice
- ✓ Regular weigh-ins & progress monitoring
- ✓ Personalised support to stay on track
- ✓ Exercise and Lifestyle change advice
- ✓ Mental Health support via our HIP

Book your appointment today via our patient portal under the Weight Management Clinic icon, or call our friendly reception team to book with Stephanie Zhang on 09 538 0083

Clinical Team Growing

More Doctors Joining!



Mid this year we'll welcome Dr Ashima Dogra, Dr Viviana Menez, and Dr Aviel Hankin. We're thrilled to have them joining us!

We're excited to share Crawford Medical now has **over 15 clinicians** providing care to our community.

Acute Walk-in Clinic

You Asked, We Listened!



Extended Hours: We are pleased to announce that our Walk-in Clinic is now open **until 4pm** Monday to Friday and on Saturdays 9am to 12pm.

CRAWFORD
MEDICAL

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